119 MINISTRIES

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119 Audio Sermon: Eating Clean, Living Clean

God's word is clear. From the very beginning, He has set apart His people, called us to walk in His ways, and given us instructions for life. And one of the most fundamental instructions He has given concerns what we eat.

If Yahweh calls us to separate ourselves from unclean food, do you think He wants us to feast on unclean influences? If He has commanded us to be mindful of what we consume physically, do you think He is silent about what we consume spiritually? Some of you are starving for holiness, starving for righteousness, starving for the presence of Yahweh, but you keep feeding on filth! You keep filling yourselves with what is rotten, what is unclean, what is corrupt, and then you wonder why you feel distant from Him!

Just like Yahweh gave us clear instructions about what animals we should and should not eat, He has also given us clear instructions about what we should and should not dwell on.

Philippians 4:8."Whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things." That is Yahweh's standard for what should fill our hearts and minds! But what do we do instead?

We listen to songs that glorify sin. We entertain ourselves with shows that we know we should not be watching. We scroll through social media filling our minds with vanity, with materialism, with images and messages that draw us away from Yahweh's truth. And then we wonder why our walk with Him feels weak! It's because we are feeding on what is unclean!

Let me make this plain—unclean food is an abomination to Yahweh, but so is an unclean heart! Some of you would rather go hungry than eat pork, but you have no problem feeding on gossip! Some of you would throw away a meal if you found out it had shrimp in it, but you sit for hours consuming entertainment filled with content against the very Elohim you claim to serve! Church, do you see the contradiction?

We need to have the same zeal for spiritual purity that we have for physical purity! We need to guard

our ears the same way we guard our mouths! We need to protect our eyes the same way we protect our stomachs! The physical teaches the spiritual! If you wouldn't put garbage on your plate, why are you putting garbage in your heart? If you wouldn't eat roadkill, why are you feasting on sin?
Brothers and sisters, this is serious! The world wants to defile you. The enemy wants to feed you filth and call it harmless. He wants to package rebellion in catchy music. He wants to influence us to sin through stunning visuals and engaging stories. He wants you to consume what is unclean so that you become unclean! But Yahweh has called us to be holy!
2 Corinthians 6:17,"Come out from among them and be separate, says Yahweh. Do not touch what is unclean, and I will receive you."

Do you hear that, church? There is a promise here! If we separate ourselves from the unclean, Yahweh Himself will receive us! But what happens if we refuse? What happens if we continue feeding on what defiles? What happens if we make excuses instead of making changes?

We cannot have one foot in holiness and one foot in the world. We cannot claim to be set apart while we are feasting on what Yahweh has rejected! If we want to walk in righteousness, we must purge what is unclean from our lives! We must clean out our music playlists, clean out our TV habits, clean out our friendships that drag us into sin, clean out every influence that is poisoning our hearts!

Church, it is time to repent! It is time to stop making excuses! It is time to stop calling compromise "grace" and start calling obedience "faithfulness!" Yahweh is calling His people to be holy, to be pure, to be undefiled. Will you answer that call? Will you clean out what is unclean? Will you surrender your desires for His commandments? Will you stop consuming what defiles you and start consuming what nourishes your soul?

The same Yahweh who told us what to eat has told us how to live. The question is—will we listen?

We pray you have been blessed by this teaching.
Remember, continue to test everything. Shalom! For more on this and other teachings, please visit us at www.testeverything.net

Shalom, and may Yahweh bless you in walking in the whole Word of God.

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